

Name \_\_\_\_\_ Age \_\_\_\_\_ Diagnosis \_\_\_\_\_

History \_\_\_\_\_

Subjective - Goals of patient & family; functional limitations \_\_\_\_\_

\_\_\_\_\_

RIGHT		WNL With Following Exceptions	LEFT	
A	P	RANGE OF MOTION	A	P
		Shoulder Abduction		
		Shoulder Flexion		
		Shoulder Internal Rotation		
		Shoulder External Rotation		
		Elbow Flexion		
		Elbow Extension		
		Forearm Supination		
		Forearm Pronation		
		Wrist Flexion		
		Wrist Extension		
		Ulnar Deviation		
		Radial Deviation		
		Finger Flexion		
		Finger Extension		
		Thumb CMC Palmar Abd.		
		Thumb CMC Radial Abd.		
		Thumb MCP		

**Tone**

Modified Ashworth Scale

0 No increase in muscle tone.	2 More marked increase in muscle tone through most of the ROM, but the part is easily moved.
1 Slight increase in tone, manifested by a catch & release, or by minimal resistance at the end of the ROM when the affected part is moved into flexion or extension.	3 Considerable increase in tone, passive movement is difficult.
	4 Affected part is rigid in flexion or extension.

**ADL's**

	Independent	Dependent	Assist	Comments
UE dressing				
LE dressing				
Orthotic				
Shoes				
Socks				
Fasteners				
Hygiene				

addressograph

Shriners Hospitals for Children  
Shriners Hospital Upper Extremity Evaluation

Dynamic Positional Analysis

Spontaneous Functional Analysis		Dynamic Positional Analysis																		
		Thumb Segment			Finger Segment			Wrist Segment			Forearm Segment			Elbow Segment						
0	1	2	3	4	5	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3
Activity		palm	close	open	flexion	neutral	extension	flexion	neutral	ulnar deviation	neutral	radial deviation	extreme pronation	pronation	neutral	supination	extreme flexion	flexion	flexion	extension
0	1	2	3	4	5															
Money from wallet																				
Fold paper																				
Tear paper																				
String bead																				
0	1	2	3	4	5															
Unscrew bottle cap																				
0	1	2	3	4	5															
Pull playdough apart																				
0	1	2	3	4	5															
Cut playdough with knife																				
Throw large ball																				
Accept coins/change																				
Receive 5																				
Take hand to mouth																				
Touch opp. ear with palm																				
Place sticker on ball																				
0	1	2	3	4	5															
Put socks on																				
0	1	2	3	4	5															
Fasten shoe																				
Crawl																				

Functional Classification System

- 0 Does not use-Extremity not utilized in any capacity for completion of task.
- 1 Poor passive assist-Uses as stabilizing weight only
- 2 Passive assist-Can hold onto object placed in hand & may stabilize it for use by other hand
- 3 Poor active assist-Can actively grasp object & hold it weakly
- 4 Active assist-Can actively grasp object, stabilize it well, & may manipulate it against other hand
- 5 Spontaneous use, partial to complete-Performs bimanual activities easily; may use hand spontaneously or without reference to other hand

Grasp / Release Analysis

Position	Grasp		Release	
Wrist Flexion	Y	N	Y	N
Wrist Neutral	Y	N	Y	N
Wrist Extended	Y	N	Y	N

Comments: (Web space, MCP instability; Static House: 0 I II III IV)